



New Jersey Society for Public Health Education (NJ SOPHE)
Presents the 2019 Mid-Year Program:

Technology and Health The Good, the Bad, and the Ugly

Friday June 7, 2019
9:00am – 3:45pm

Rutgers Continuing Education Center at Atrium
300 Atrium Drive, Somerset, NJ 08873

Do you want to learn how the vast world of technology impacts our mental and physical health...sometimes without even realizing it?

Join NJ SOPHE to learn about the many ways technology serves as a platform to better our health, while also gaining awareness around its potential harmful impacts.

Program Objectives:

1. Participants will be able to describe ways in which digital health advancements play an active role in the physical and mental health of individuals and their communities.
2. Participants will be able to explain and implement effective ways to use social media to communicate health messages.
3. Participants will gain insight into telemedicine, where and how to seek out this form of health care delivery, and the benefits it has on access to care in NJ.
4. Participants will learn ways to utilize technology in corporate wellness efforts to create a healthy environment in the workplace.

Registration:

Register online at www.njsophe.org or using paper registration

Registration Deadline is May 31, 2019

Members: \$60

Non-Members: \$70

Students: \$25

Registration Fee includes all conference materials, breakfast, lunch, and CHES credits.

Continuing Education Credits:

An application has been made for 5.5 Category I Continuing Education Contact Hours have been approved for this event by the Rutgers School of Public Health Center for Public Health Workforce Development Provider Number 97999.

Technology & Health

The Good, the Bad, and the Ugly

Agenda:

- 8:30 **Registration**
- 9:00 **NJ SOPHE Board Meeting**
- 9:30 **Opening/Welcome Remarks**
Jackie Cornell, Public Health Services Principal Deputy Commissioner,
New Jersey Department of Health
- 9:45 **Lightning Round Panel**
Mashie Shirken, Genoa Healthcare Telepsychiatry
Hillary Saputski, MPH, CHES, Aetna Corporate Wellness
Ryan Bradley, Aetna/Apple Partnership
*additional panelists may be added
- 10:45 **Social Media in Health Messaging**
Carrie Johnson, Middlesex Department of Health
- 11:30 **Gaming: Medicine or Poison to Mental and Physical Health?**
John Mopper, MA, LPC, Blueprint Mental Health
- 12:15 **Lunch**
- 1:00 **Keynote Address: "Technology Addiction"**
John Kriger, Kriger Consulting
- 3:45 **Closing Remarks**



John Mopper



John Kriger



Hillary Saputski

Registration Information:

Please complete this form and make checks/ Purchase Orders payable to

NJ SOPHE and mail to:

Kaitlin Cartoccio —NJ SOPHE
Bernards Township Health Dept.
262 South Finley Ave
Basking Ridge, NJ 07920

Or Fax #: (908) 204-3075

Or scan: sonika.njsophe@gmail.com

Registration Fee:

NJ SOPHE Member—\$60

Non-Member— \$70

Student—\$25

Other:

NJ SOPHE t-shirt—\$20.19

Make a donation—\$_____

Total Amount: \$_____

PO/Check # _____

Participant Info:

Name: _____

Title: _____

Affiliation: _____

Address: _____

Phone: _____

Email: _____

Please contact Sonika Shankar at sonika.njsophe@gmail.com with any questions.